



**PH.D. Schedule Innovative Mindfulness and Peace Studies Plan 2. 1**

**1<sup>st</sup> Semester, Academic Year 2569/2026**

■ 13<sup>th</sup> June – October 2026

TIME DAY	09.00 AM - 12.00 PM	LUNCH BREAK	1.00 PM - 4.00 PM
SAT	 <p><b>Major Course</b> 811 101 Concepts and Theories of Innovative Mindfulness 3 (3-0-6) Lecturers: <b>Asst. Prof. Dr. Mae Chee Narumon Jiwattanasuk</b></p>		 <p><b>Required Course</b> 811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development 3 (3-0-6) Lecturers: <b>Phramaha Weerasak Abhinandavedi, Dr.</b></p>
SUN	 <p><b>Required Course</b> 811 103 Insight Meditation (3) (2-2-5) Lecturers: <b>Phramaha Weerasak Abhinandavedi, Dr.</b></p>	 <p><b>Major Course</b> 811 106 Mindfulness, Brain, and Psychology for Peace 3 (2-2-5) Lecturers: <b>Invited Lecturer</b></p>	

**ALL STUDENTS ARE REQUIRED TO ATTEND ANY SEMINAR OR OTHER ACADEMIC ACTIVITY ORGANIZED BY IBSC**

**Remark:**

The class will **start on 13<sup>th</sup> June 2026**

- 1.This schedule can be changed as appropriate.
- 2.Date and time of each subject will be informed by curriculum

**Coordinator:** (Phramaha Jukkit Kaewkerd) Via Line group,

 **Zoom ID:** 772 777 2227 **Passcode:** 2020

**3<sup>rd</sup> Floor, Room No. A302**

**PHRA BUDDHAGHOSACARIYA BUILDING  
(IBSC BUILDING I)**