

Venerable Dr. Neminda

Ph.D. (Buddhist Studies) · Theravāda Buddhist Monk and Scholar
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PROFESSIONAL PROFILE

Venerable Dr. Neminda is a Theravāda Buddhist monk and Senior Lecturer at the International Buddhist Studies College (IBSC), Mahachulalongkornrajavidyalaya University (MCU), Thailand, where he has taught at Bachelor, Master and Doctoral levels since 2019. Trained in the Myanmar monastic scholastic tradition and in the Pāli and Abhidhamma disciplines, he holds a Ph.D. in Buddhist Studies from MCU and an M.A. from the Postgraduate Institute of Pāli and Buddhist Studies, University of Kelaniya, Sri Lanka.

His research programme integrates canonical Theravāda scholarship with contemporary applications of mindfulness, examining how Buddhist doctrine can be translated into measurable frameworks for well-being, ethical development and social harmony. He has led and co-led research projects funded by the Thailand Science Research and Innovation Fund and the National Research Council of Thailand (NRIIS), and has published in Scopus Q2 and TCI Tier 1 and 2 journals on Buddhist integration for sustainable development, mindfulness-based happiness indicators, religious diversity, and Buddhist ethics.

Alongside his scholarship, he serves as a meditation master and retreat teacher in Thailand, Myanmar, Hungary and Italy, and has represented MCU in interreligious dialogue at the Vatican and in United Nations Day of Vesak proceedings. He has supervised more than forty Master's and Doctoral candidates and has been recognised with research awards for both his individual and collaborative projects.

RESEARCH INTERESTS

- Theravāda Buddhist Studies: Pāli canonical and commentarial literature
- Abhidhamma philosophy and Kathāvatthu studies
- Mindfulness and insight (vipassanā) meditation: theory, practice and pedagogy
- Buddhist psychology, meditation therapy and mental well-being
- Applied Buddhist ethics: economic ethics, monastic discipline (Vinaya), environmental ethics
- Buddhism and sustainable development; happiness and well-being indicators
- Interreligious dialogue, multiculturalism and peacebuilding
- Buddhist education, curriculum development and research methodology

ACADEMIC QUALIFICATIONS

2016 – 2019	Doctor of Philosophy (Ph.D.), Buddhist Studies <i>International Buddhist Studies College, Mahachulalongkornrajavidyalaya University, Ayutthaya, Thailand.</i>
2014 – 2016	Master of Arts (M.A.), Buddhist Studies <i>Postgraduate Institute of Pāli and Buddhist Studies, University of Kelaniya, Sri Lanka.</i>
2003 – 2006	Bachelor of Arts (B.A.), Major in Myanmar (Scripture) <i>University of Distance Education, Mandalay, Myanmar.</i>
2023	Diploma in Applied Psychology <i>National Strategy and Management Studies (NSMS), Mandalay, Myanmar.</i>
2013	Diploma, University of Abhidhamma <i>Mandalay, Myanmar.</i>
2011 – 2013	Diploma in Buddha and Dhamma Studies

Professional Certificates

- 2023** Certificate in Applied Psychology, National Strategy and Management Studies (NSMS), Mandalay, Myanmar.
- 2022** Certificate in Human Resource Management, Yangon Management Training School, Yangon, Myanmar.

ACADEMIC APPOINTMENTS

- 2019 – present** Senior Lecturer, International Buddhist Studies College (IBSC), Mahachulalongkornrajavidyalaya University (MCU), Ayutthaya, Thailand.
- 2019 – present** Lecturer, B.A. Programme in Buddhist Studies, IBSC, MCU, Thailand.
- 2023 – present** Lecturer, M.A. Programme in Buddhist Studies, IBSC, MCU, Thailand.
- current** Lecturer, Ph.D. Programme in Buddhist Studies, IBSC, MCU, Thailand.
- 2019 – 2024** Lecturer, Certificate of Mindfulness Master (CMM) Programme, IBSC, MCU, Thailand.
- 2023 – 2025** Lecturer, M.A. Programme in Buddhist Studies, University of Global Peace, Mandalay, Myanmar.
- 2024 – 2025** Lecturer, M.A. Programme in Buddhist Studies, Dhammadhara College, Mandalay, Myanmar.

AWARDS AND HONOURS

- 2025** Contributions Honorary Plaque — in recognition and appreciation of generous support to the International Buddhist Studies College (IBSC), on the occasion of the 12th Anniversary of IBSC, 22 October 2025.
- 2025** New-Generation Researcher Award — “Mindfulness Innovation Approach on the Development of Happiness Indicators for the Personnel of the International Buddhist Studies College”, International Buddhist Studies College (IBSC), MCU.
- 2024** Research Award — “A Theory of Buddhism Integration for Sustainable Development of Wisdom and Virtue in the 21st Century”, research project funded by the Thailand Science Research and Innovation Fund.
- 2023** 1st Runner-up Contribution Award — Pāli Course, MOOC Course Development, IBSC, Mahachulalongkornrajavidyalaya University.

TEACHING EXPERIENCE

Courses taught at the International Buddhist Studies College and partner institutions in Thailand and Myanmar, from Bachelor to Doctoral level.

Bachelor of Arts (Buddhist Studies) — IBSC, MCU (2019 – present)

Code	Course Title	Credits / Level
112 107	Introduction to Religions	3 (3-0-6)
112 103	Scientific Paradigm	3 (3-0-6)
112 113	Buddhist Arts	3 (3-0-6)
112 151	Mindfulness Meditation I	3 (1-6-0)
112 152	Mindfulness and Meditation II	3 (1-6-0)

Code	Course Title	Credits / Level
112 221	Cross-Cultural Languages and Communications	—
112 234	Basic Pāli I	3 (3-0-6)
112 235	Advanced Pāli II	3 (3-0-6)
112 239	Traditions and Rituals of Buddhist Schools	3 (3-0-6)
112 240	Theravāda Buddhism	3 (3-0-6)
112 344	Vinaya Piṭaka Studies	3 (3-0-6)
112 346	Abhidhamma Piṭaka Studies	3 (3-0-6)
112 450	Comparative Studies on Buddhist Schools	3 (3-0-6)
112 471	Multiculturalism	3 (3-0-6)
112 472	Inter-Religious Dialogues	3 (3-0-6)
112 473	Independent Selective Subject	3 (3-0-6)

Master of Arts (Buddhist Studies) — IBSC, MCU (2023 – present)

Code	Course Title	Credits / Level
625 104	Introduction to Insight Meditation	3 (1-10-1)
625 312	Meditation Therapy	3 (3-1-8)

Certificate of Mindfulness Master (CMM) — IBSC, MCU (2019 – 2024)

Code	Course Title	Credits / Level
602 101	Mindfulness in the Tipiṭaka	3 (2-5-2)
602 102	Mindfulness Master	3 (2-5-2)

Doctor of Philosophy (Buddhist Studies) — IBSC, MCU and partner institutions

Code	Course Title	Credits / Level
—	Mindfulness Meditation — IBSC, Mahachulalongkornrajavidyalaya University	—
—	Advanced Research Methodology — International Buddhist Education Center, Myanmar	—

Master of Arts (Buddhist Studies) — University of Global Peace, Mandalay, Myanmar (2023 – 2025)

Code	Course Title	Credits / Level
—	Vinaya (Sīla)	—

Master of Arts (Buddhist Studies) — Dhammadhara College, Department of Pāli and Buddhist Studies, Mandalay, Myanmar (2024 – 2025)

Code	Course Title	Credits / Level
—	Buddhist Ethics and Environmental Issues	—
—	Buddhist Ethics and Western Ethics	—

SPECIAL AND VISITING LECTURESHIPS

2025	“Advanced Research Methodology”, Ph.D. students, International Buddhist Education Center, Sagaing, Myanmar.
2025	“Advanced Methodology Class”, Ph.D. students, International Buddhist Education Center (IBEC) and Dhammadhara College (DLC), Mandalay, Myanmar.
2024 – 2025	“Buddhist Ethics and Environmental Issues”, M.A. students, Dhamma and Languages College, Mandalay, Myanmar.
2023 – 2024	“Buddhist Ethics (Vinaya Studies)”, M.A. students, Global Buddhist University, Mandalay, Myanmar.
26 March 2023	“Academic Presentation and Academic Writing”, M.A. (Buddhist Studies), Mahamakut Buddhist University, Thailand.
11 March 2023	“Academic Presentation Class”, Ph.D. (Buddhist Studies), Mahamakut Buddhist University, Thailand.
18 February 2023	“English Translation Class”, Ph.D. (Buddhist Studies), Mahamakut Buddhist University, Thailand.
10 November 2022	“Research Methodology”, Myanmar Monk Students Organization (MSMO), Mahachulalongkornrajavidyalaya University, Thailand.
2022	“Meditation Therapy”, M.A., International Buddhist Studies College, First Semester (August – November), MCU, Thailand.
April 2022	“Buddha Dhamma Missionary”, 7-day Buddhist Ordination Ceremony, Phetchaburi Province, Thailand.
5 March 2022	“Pāli Literature (Background of the Pāli Language)”, International Buddhist Studies College, MCU, Thailand.
25 February 2022	“Buddhist Commentarial Literature”, visiting lecture, Kyunhla Buddhist University, Myanmar.
12 February 2022	“The Development of Peace from the Buddha Era to the Present Time”, M.A. Peace Studies, IBSC, MCU, Thailand.
—	“Research Methodology”, Myanmar Students Club, Mahachulalongkornrajavidyalaya University, Thailand.

POSTGRADUATE SUPERVISION

Supervisor and co-supervisor for Doctoral and Master's candidates at the International Buddhist Studies College, Mahachulalongkornrajavidyalaya University.

Doctoral Candidates (Ph.D.)

2025	Ven. Kavinanda, Ph.D. (Buddhist Studies), “A Conceptual Model for Anger Management in Modern Life: An Integration of Cognitive Behavioural Therapy (CBT) in Psychology with Patience (Khanti) in Buddhism”, IBSC, MCU.
2025	Ven. Vanna Siri, Ph.D. (Buddhist Studies), “An Application of the Breathing Concept in Buddhism to Breathing Yoga Practice”, IBSC, MCU.
in progress	Mrs. Karanti, Ph.D. (Buddhist Studies), IBSC, MCU.

Master's Candidates (M.A.)

2026	Ven. Aloka, “An Analytical Study of Buddhist Minimalism as a Path to Simplicity and Inner Peace”, IBSC, MCU.
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2026	Ven. Vicitta, “A Comparative Study of Desire and Self-Control in Buddhist and Modern Western Perspectives”, IBSC, MCU.
2026	Ven. Pannasami, “Ostentation in Religious Donations: A Critical Analysis of Myanmar Buddhist Society”, IBSC, MCU.
2026	Ven. Nandacaralankara, “Empowering Buddhist Women as Agents of Spiritual Practice and Community Development in Myanmar”, IBSC, MCU.
2026	Ven. Nyannuttaralankara, “Guidelines for the Application of the Tenfold Royal Virtues (Dasavidha-rājadhamma) to Enhance the Integrity of Modern Leaders in Thailand”, IBSC, MCU.
2026	Ven. Aggadhamma, “Applying the Four Brahmavihāras as a Happiness Framework for Reducing Stress among MCU Students”, IBSC, MCU.
2026	Ven. Suriya, “A Study of Cause and Effect (Kamma) for Ethical Living in Society Based on the Cūḷakammavibhaṅga Sutta”, IBSC, MCU.
2026	Hay Mar Si, “Ledi Sayadaw’s Meditation Method: A Study of Abhidhamma-Based Vipassanā Practice for Emotional Resilience in Practitioners”, IBSC, MCU.
2026	Nguyen Thi Tien, “Practical Applications of Sense-Restraint (Indriyasamvara) to Overcome Sensual Desire According to Theravāda Buddhist Perspectives”, IBSC, MCU.
2026	Nun Nang Yein Yein Tint Swe, “An Analytical Study of the Stages of Liberation in Theravāda Buddhist Scriptures: A Case Study of Venerable Ānanda”, IBSC, MCU.
2026	Minh Turan, “A Buddhist Approach to Reducing Domestic Violence between Husband and Wife within Vietnamese Society”, IBSC, MCU.
2026	Mandala, “An Application of Skilful Means among Students: A Preliminary Study at Wat Sa Kaeo School, Ang Thong Province, Thailand”, IBSC, MCU.
2025	Ven. Sobhana, “Techniques and Methods of Meditation Practice to Manage Bodily Painful Feelings (Dukkavedanā), with Special Reference to Venerable Aung Lan’s Meditation Practice”, IBSC, MCU.
2025	Ven. Revata, “An Analytical Study of the Beliefs and Practices of Monastic Funeral Traditions in Myanmar”, IBSC, MCU.
2025	Ven. Tilokasara, “Practical Approaches to Cultivating Loving-Kindness (Mettā) for Managing Anger (Dosa) in Theravāda Buddhism”, IBSC, MCU.
2025	Ven. Agganandalankara, “An Analysis of Animal Killing According to Theravāda Buddhist Ethical Perspectives”, IBSC, MCU.
2025	Ven. Gunissara, “Practical Guidelines to Reduce Sensuality (Kāmarāga) in Theravāda Buddhism”, IBSC, MCU.
2025	Ven. Do Minh Toang, “An Application of Buddhist Principles to Reduce Youth Technological Addiction through the Summer Retreat Programme at Hoang Phap Monastery in Vietnam”, IBSC, MCU.
2025	Bhikkhunī Dinh Thi Thanh Tuyen, “An Application of the Four Sublime States of Mind (Brahmavihāra) for the Ethical Development of Youth in Vietnam”, IBSC, MCU.
2025	Sayalay Meghavati, “An Analytical Study of Reducing Conceit in Theravāda Buddhism”, IBSC, MCU.
2025	Sayalay Visatthatherilankara, “Practical Ways to Integrate Mindfulness of Death (Maraṇānussati) into Daily Life in Theravāda Buddhism”, IBSC, MCU.
2025	Ms. Hwa Mee Thoo, “Integrating Theravāda Mindfulness as a Life Skill into the Mainstream Education System for Youth in Singapore”, IBSC, MCU.

2025	Ms. Yushuo Wang, “Engaged Buddhism in Addressing Social Ageing: A Study of Temple-Elder Care in Contemporary China”, IBSC, MCU.
2024	Ven. Marnita, “A Study of Buddhism-Based Guidelines for the Proper Practice of Faith (Saddhā) to Solve the Problem of Blind Faith in Present Society”, IBSC, MCU.
2024	Ven. Indacara, “Practical Guidelines to Develop the Quality of Life Based on the Bālapanḍita Sutta”, IBSC, MCU.
2024	Ven. Yassa, “Buddhist Ways to Reduce Mental Suffering, with Special Reference to the Girimānanda Sutta”, IBSC, MCU.
2024	Ven. Panna Nanda, “A Study of the Foremost Disciples (Etadagga) in Theravāda Buddhism: A Case Study of Venerable Sāriputta Thera”, IBSC, MCU.
2024	Mr. Aung Tun Win, “The Development of Peace-Living Meditation for Leprosy Patients Based on Pa-Auk and Ledi Meditation Techniques”, Peace Studies Programme, IBSC, MCU.
2023	Ven. Indacara, “Buddhist Approaches to the Development of the Well-Being of Life, with Special Reference to the Story of Ajātasattu”, IBSC, MCU, 19 August 2023.
2023	Ven. Varasiri, M.A. (Peace Studies), “Ways of Peacebuilding in Myanmar Society by Applying the Maṅgala Sutta and the Theory of Political Conflict Resolution”, IBSC, MCU.
2023	Ven. Tran Huynh Hoang, “Effective Ways to Deal with Feelings of Guilt Based on the Techniques of Mahāsi Sayādaw’s Meditation Practice”, IBSC, MCU.
2023	Ven. Kheminda, “Practical Ways to Cope with Kilesa (Defilements) Based on the Vatthūpama Sutta in the Majjhima Nikāya”, IBSC, MCU.
2023	Ven. Dhammapiya, “The Practical Ways of a Righteous Individual’s Donation According to the Sappurisa-dāna Sutta”, IBSC, MCU.

RESEARCH PROJECTS AND REPORTS

Current Projects (in progress)

1. Dr. Natapat Ampan and Ven. Dr. Neminda (2026). “Development of Community Happiness Mechanisms through Contemplative Education and Participatory Problem-Solving Activities Based on Yoniso-manasikāra and the Six Thinking Hats Theory”, Buddhist Research Institute (BRI), National Research Fund, NRIIS. (Ongoing)
2. Dr. Natnapang Phophichit and Ven. Dr. Neminda (2026). “Buddhist Innovative Mindfulness-Based Intervention for Enhancing Mental Well-Being among the Thai Diaspora in Budapest, Hungary”, Buddhist Research Institute (BRI), National Research Fund, NRIIS. (Ongoing)
3. Ven. Dr. Neminda et al. (2026). “Evaluating the Impact of Buddhist Ethical Values on Responsible Research and Academic Innovation in Modern Buddhist Education”, IBSC Funding, MCU.
4. Ven. Dr. Neminda et al. (2026). “An Application of Buddhist Mindfulness Bloom Therapy-Based Practices for Post-Traumatic Stress Disorder (PTSD) Prevention”, Buddhist Research Institute (BRI), funded by NRIIS, MCU.

Completed Funded Research

1. Dr. Natapat Ampan and Ven. Dr. Neminda (2025). “The Process of Promoting Empathy for Entrepreneurs in the Wellness Industry Based on Buddhist Integration Principles”, Buddhist Research Institute (BRI), IBSC, MCU.
<https://drive.google.com/file/d/1HsySTu11CDlwxYmrDQKVJ-uWZZN7URx/view?usp=sharing>
2. Ven. Dr. Ugyen Tshering, Ven. Dr. Neminda, Ven. Dr. Nguyen Anh Tuan and Dr. Natapat Ampan (2025). “An Intensive Buddhist Philosophical Study of Gross National Happiness of Bhutan (Gelephu Mindfulness City)”, IBSC, MCU.
<https://drive.google.com/file/d/1-ptj2PsVPXcXXsZ5Ep2zfPua-60NEC56/view?usp=sharing>

3. Ven. Dr. Neminda, Ven. Dr. Nguyen Anh Tuan, Ven. Dr. Ugyen Tshering, Dr. Natapat Ampan and Assoc. Prof. Dr. Sanu Mahatthanadull (2025). “Mindfulness Innovation Approach on the Development of Happiness Indicators for the Personnel of the International Buddhist Studies College”, IBSC, MCU.
https://drive.google.com/file/d/12SM90_WQxx6J8Qe_gZd5KyMzOQin4Scz/view?usp=share_link
4. Ven. Dr. Nguyen Anh Tuan and Ven. Dr. Neminda (2024–2025). “A Model of Buddhist Summer Camp for Youth as a Buddhist Approach through Teaching the Buddha’s Dhamma to Youth: The Experience Learned from Vien Giac Temple, Vietnam”, IBSC, MCU.
https://docs.google.com/document/d/1Ix_zNqyNAHDErulAcGP63Rbz1y0LOwQS/edit?usp=sharing
5. Assoc. Prof. Dr. Sanu Mahatthanadull, Ven. Phramaha Nantakorn Piyabhani, Ven. Dr. Neminda, Ven. Dr. Nguyen Anh Tuan, Ven. Dr. Ugyen Tshering, Dr. Sarita Mahatthanadull and Assoc. Prof. Dr. Dusanee Thanaboripat (2024). “A Theory of Buddhism Integration for Sustainable Development of Wisdom and Virtue in the 21st Century”, funded by the Thailand Science Research and Innovation Fund.
<https://doi.org/10.13140/RG.2.2.11348.21123>
6. Phramaha Somphong Khunakaro, Asst. Prof. Dr., Ven. Neminda, Ven. Dr. Nguyen Anh Tuan, Prof. Dr. Frank Hoffman, Dr. Nadnapang Phophichit and Dr. Sakchai Sakabucha (2023). “Establishing a Model of the Harmony of Religious Diversity in the 21st Century”, funded by the Thailand Science Research and Innovation Fund.
DOI 10.13140/RG.2.2.19310.52807
7. Ven. Neminda (2021). “Developing the Mind by Using Mindfulness as a Base in the 21st Century”, funded by the Science Research and Innovation Fund, IBSC, Mahachulalongkornrajavidyalaya University, Thailand.
<https://www.researchgate.net/publication/392090110>

Dissertation and Thesis

1. “A Buddhist Approach Based on Loving-Kindness: The Solution to Conflict in the Modern World”, dissertation submitted in partial fulfilment of the requirements for the degree of Doctor of Philosophy (Buddhist Studies), International Buddhist Studies College (IBSC), Mahachulalongkornrajavidyalaya University, 2018.
<https://drive.google.com/file/d/10qMn7dA5bue0TetTyQZQm9iUkLBnNXND/view?usp=sharing>
2. “A Study of Economic Ethics for a Ruler”, thesis submitted for the degree of Master of Arts (Buddhist Studies), University of Kelaniya, Colombo, Sri Lanka, 2015.

PUBLICATIONS

Books

1. Ven. Dr. Neminda (2026). The Light of Breath (Ānāpāna Dīpanī). IBSC, MCU Press, February 2026.
https://drive.google.com/file/d/1FzE7p75w7Y_S63DXPkz30SG8CAof2Gye/view?usp=share_link
2. Ven. Dr. Neminda (2025). Kathāvatthu in Theravāda Pāli Abhidhamma.
https://drive.google.com/file/d/120kfW671hmH6lxy6jXLgacbUHRIUptU/view?usp=share_link
3. Ven. Neminda (2024). Buddhism in Pakistan. Lann Pya Kyal Publication, Yangon, Myanmar.
https://drive.google.com/file/d/1GxoeTv6b9VXZwHMXjEZMpUZbw9sxCRiB/view?usp=share_link
4. Ven. Neminda (2020). Mettā Suttas in the Tipiṭaka (Burmese version). Academic literature, public book.
https://drive.google.com/file/d/1CIcGwGjITWGBSD17ilX7-fjh8VfyPmb/view?usp=share_link

Peer-Reviewed Journal Articles

1. “Effects of TMV-Based Mindfulness Practices on Student Happiness at the International Buddhist Studies College”, Ven. Dr. Neminda, Journal of the International Buddhist Studies College (JIBSC), Vol. 12, No. 3, IBSC, MCU, 2026.
<https://so03.tci-thaijo.org/index.php/ibsc/article/view/293966/195186>
2. “An Analysis of Animal Killing from a Theravāda Buddhist Perspective”, Ven. Agganandalankara and Ven. Dr. Neminda, JIBSC, Vol. 12, No. 3, IBSC, MCU, 2026.
<https://so03.tci-thaijo.org/index.php/ibsc/article/view/298177/195073>
3. “The Model of Mindfulness Practices on the Well-Being of Students in the International Buddhist Studies College, Mahachulalongkornrajavidyalaya University”, Phramaha Weerasak Abhinandavedi and Ven. Neminda, Journal of Peace Studies (TCI Tier 1), Vol. 14, No. 3, May–June 2026, IBSC, MCU.
<https://so03.tci-thaijo.org/index.php/journal-peace/article/view/293200/194573>

4. “An Application of the Four Sublime States of Mind (Brahmavihāra) for the Ethical Development of Youth at Can Tho University in Vietnam” (TCI Tier 2), Dinh Thi Thanh Tuyen, Sanu Mahatthanadull and Ven. Neminda, JIBSC, Vol. 12, No. 2, IBSC, MCU, 2026.
<https://so03.tci-thaijo.org/index.php/ibsc/issue/view/18290>
5. “An Application of Buddhist Principles to Reduce Youth Technological Addiction through the Summer Retreat Programme at Hoang Phap Monastery in Vietnam” (TCI Tier 2), Do Minh Hoang, Sanu Mahatthanadull and Ven. Dr. Neminda, JIBSC, IBSC, MCU.
<https://so03.tci-thaijo.org/index.php/ibsc/issue/view/18290>
6. “A Theory of Buddhism Integration for Sustainable Development of Wisdom and Virtue in the 21st Century” (Scopus Q2), Sanu Mahatthanadull, Ven. Phramaha Nantakorn Piyabhani, Ven. Neminda, Ven. Nguyen Anh Tuan, Ven. Ugyen Tshering, Dusanee Thanaboripat and Sarita Mahatthanadull, Vol. 11, No. 1, January–March 2026, IBSC, Mahachulalongkornrajavidyalaya University, Phra Nakhon Si Ayutthaya, Thailand.
<https://so04.tci-thaijo.org/index.php/JSBA/article/view/284116/191268>
7. “Integration of Theravāda Buddhist Wisdom and Virtue for Sustainable Development in the 21st Century” (Scopus Q2), Sanu Mahatthanadull, Phramaha Nantakorn Piyabhani, Ven. Neminda, Ven. Nguyen Anh Tuan, Ven. Ugyen Tshering, Dusanee Thanaboripat and Sarita Mahatthanadull, Kasetsart Journal, Vol. 046, Issue 4, Article No. 460408, October 2025.
<https://kasetsartjournal.ku.ac.th/downloadFile.aspx?param=bWVkaWFJRd05NDcw>
8. “Practical Guidelines to Develop the Quality of Life Based on the Bālaṇḍita Sutta”, JIBSC, Vol. 11, No. 3, September–December, IBSC, Mahachulalongkornrajavidyalaya University, 2025.
<https://so03.tci-thaijo.org/index.php/ibsc/article/view/287604>
9. Ven. Dr. Neminda, “Mindfulness Innovation Approach to the Development of Happiness Indicators for Personnel at the International Buddhist Studies College”, ABIP Research Article, Vol. 11, No. 2, 2025, Journal of Buddhism and Science, Indonesia.
<https://jurnal.radenvijaya.ac.id/index.php/ABIP/article/view/2256/1067>
10. Vanna Siri, Sanu Mahattanadull and Ven. Neminda (2025). “An Application of the Breathing Concept in Buddhism to Breathing Yoga Practice”, JIBSC, Vol. 11, No. 2, May–August, IBSC, MCU.
<https://so03.tci-thaijo.org/index.php/ibsc/article/view/280289>
11. Ven. Neminda (2024). “Establishing a Model of the Harmony of Religious Diversity in the 21st Century”, Library Progress International, 44(3), July–December, pp. 6681–6689.
<https://bpasjournals.com/library-science/index.php/journal/article/view/1684>
12. “Integrating Mahāsi Sayādaw’s Meditation Techniques for the Effective Management of Guilt: A Comparative Study of Buddhist and Psychological Perspectives”, JIBSC, Vol. 10, No. 1–2, January–August, IBSC, MCU, 2024.
<https://so03.tci-thaijo.org/index.php/ibsc/issue/view/17692>
13. “The Practical Ways of a Righteous Individual’s Donation According to the Sappurisa-dāna Sutta”, JIBSC, Vol. 10, No. 3, September–December, IBSC, MCU, 2024.
<https://so03.tci-thaijo.org/index.php/ibsc/article/view/278112>
14. “Multiculturalism: Buddhist Cultural Exchange”, with B.A. 4th-Year Students, IBSC, MCU, December 2022.
https://drive.google.com/file/d/1dUdHjZjWO5dKd_dBDK74D7bDAAAx8/view?usp=sharing
15. Ven. Neminda (2021). “Developing the Mind by Using Mindfulness as a Base in the 21st Century”, research project funded by the Science Research and Innovation Fund, IBSC, Mahachulalongkornrajavidyalaya University, Thailand.
<https://mail.journalppw.com/index.php/jpsp/article/view/9704>
16. Ven. Neminda (2019). “Conflict Management by Buddhist Peaceful Means of Loving-Kindness (Mettā)”, JIABU: Journal of the International Association of Buddhist Universities, 12(1), Mahachulalongkornrajavidyalaya University, Thailand.
<https://so06.tci-thaijo.org/index.php/Jiabu/article/view/208965>
17. “Buddhist Approach to Human Society Development: Economic Ethics for a Ruler”, JIBSC, Vol. 5, No. 1, January–June, IBSC, Mahachulalongkornrajavidyalaya University, Thailand, 2019.
<https://www.undv2019vietnam.com/Subtheme-05/en/32.pdf>

18. “Buddhist Meditation Chaplaincy: Spiritual Care for Death”, Journal of the International Buddhist Studies College (IBSC), Mahachulalongkornrajavidyalaya University, Ayutthaya, Thailand, Vol. 1, No. 2, July–December 2015.
<https://so03.tci-thaijo.org/index.php/ibsc/issue/view/15162>

Teaching Documents and Course Materials

1. Ven. Dr. Neminda (2025). “Theravāda Buddhism”, teaching document, MCU Press, IBSC, MCU.
<https://drive.google.com/file/d/1U2opq6DOUaZIBsBgk6LHryStH64W7f-a/view?usp=sharing>

Conference and Academic Papers

1. “Decoding the Vinaya: The Evolution of Buddhist Monastic Law”, Reviving Vinaya and Regaining Faith — Thailand 28th Dhamma-Vinaya Seminar, 8 June 2026, Buddhamonthon Hall, Nakhon Pathom, Thailand.
<https://www.facebook.com/share/v/1NNpcBV6kU/>
2. “Ethical Foundations for Engagement in Society and the Environment”, Seminar on Meditation, Dialogue and Practices of Peace in Uncertain Times, 12–22 April 2026, Padua, at the Sant’Antonio Dottore Institute of the Conventual Franciscans, Italy.
<https://share.google/Z35i5rYGX37F5wEeY>
3. “AI: The Ideal Transformation in Buddhist Education”, Mahamakut Buddhist University, Graduate School of Vajirañāṇavarorasa, 22nd National and 6th International Symposium (GMNIS-2026), 17 January 2026.
4. “Buddhist Psychology: Innovative Mindfulness Practices for Youth”, Seminar on Exchange Programme, Mumbai University, India, 20 December 2025.
5. “The Impacts of Theravāda Buddhism on Multiculturalism and its Contribution to Peaceful Coexistence”, 3rd International Conference on Languages and Culture, with the 13th Anniversary Celebration of the Languages Institute of MCU, 26 June 2025.
https://li.mcu.ac.th/?page_id=3761
6. “Educational Interreligious Dialogue for Social Harmony and Peacebuilding”, United Nations Day of Vesak Celebration Ceremony, 5–9 May 2025, Ho Chi Minh City, Vietnam.
<https://www.undv2025vietnam.com/en/node/962>
7. “Ledi Sayadaw and the Evolution of Vipassanā Meditation Methods”, printed book, 60th Birthday Commemoration of the Most Venerable Oxford Sayadaw K. Dhammasāmi, 7–8 November 2024, Taunggyi, Myanmar.
8. “Therapy for Grief and Insomnia: Insight from Buddhist Psychology and Mindfulness Meditation”, 4th Buddhist Forum of Exchange between Theravāda and Mahāyāna, Sino-Thai Buddhist Friendship, 15 December 2023.
9. “Cross-Cultural Perspectives on Learning Assessment: Educational Measurement and Evaluation at the International Buddhist Studies College (IBSC)”, Assessment of Learning in Education at All Levels, Shan State Buddhist University, Myanmar, 18–19 November 2023.
10. “Buddhist Monks and Philanthropy: Contribution to Human Development”, Institute of East Asian Studies, Thammasat University, Thailand, 2–3 November 2023.
11. “Buddhist Approach to Meditation Therapy for Life Recovery and Resilience: A Case Study of Meditation Therapy in Myanmar”, 20th National and 4th International Symposium, “Buddhism and Life Recovery in the BANI World”, Mahamakut Buddhist University, Nakhon Pathom, Thailand, 5 November 2022.
12. “Buddhist Meditation: Theory and Practice of Mindfulness Meditation in the Abhidhamma Piṭaka”, Globality and Locality: Mind and Mindfulness Practice, IBSC, MCU, 25 August 2022.
13. “The Things You Find When You Slow Down” (စိတ်ငြိမ်မှုတို့၌သာတွေ့ရသောအရာများ), MSMO Magazine, Vol. 9, Mahachulalongkornrajavidyalaya University, Thailand, 2021.
14. “Ethics for Mindfulness Meditation”, The Meditation Technique in Theravāda and Mahāyāna: Theory and Practice, 2nd International Academic Forum in Theravāda and Mahāyāna Buddhism, IBSC, Mahachulalongkornrajavidyalaya University, Thailand, 2019.

15. “The Role of Buddhism in the Digital Era: How to Improve the Lack of Spiritual Progress and Maintain Human Etiquette in Myanmar”, International Buddhist Seminar on Buddhism in the Digital Era, Mahachulalongkornrajavidyalaya University, Thailand, 2017.
16. “Meditation Can Change Everything in Our Lives”, Vol. 5, MSMO Magazine, printed book, Thailand, 2016.

INVITED TALKS AND KEYNOTE PRESENTATIONS

27 June 2025	“Interreligious Dialogue”, the Vatican, Rome, Italy.
5 November 2022	“Buddhist Approach to Meditation Therapy for Life Recovery and Resilience: A Case Study of Meditation Therapy in Myanmar”, 20th National and 4th International Symposium, Mahamakut Buddhist University, Nakhon Pathom, Thailand.
25 August 2022	“Buddhist Meditation: Theory and Practice of Mindfulness Meditation in the Abhidhamma Piṭaka”, Globality and Locality: Mind and Mindfulness Practice, IBSC, MCU.
15–18 December 2017	“Buddhist Meditation Chaplaincy: Spiritual Care for Death”, First International Buddhist Young Scholar Conference, International Buddhist College, Penang, Malaysia.
2017	“The Role of Buddhism in the Digital Era: How to Improve the Lack of Spiritual Progress and Maintain Human Etiquette in Myanmar”, International Buddhist Seminar on Buddhism in the Digital Era, Mahachulalongkornrajavidyalaya University, Thailand.

MEDITATION TEACHING AND RETREAT LEADERSHIP

28–30 June 2025	Meditation Master, “Monastic Life and Meditation”, Bose, Italy.
26 June 2025	Meditation Master, “Meditation: Buddhist and Christian Perspectives”, Pontifical Athenaeum Sant’Anselmo, Rome, Italy.
7–24 June 2025	Meditation Master, 7-day meditation retreat for the research study “Effects of Four Foundations of Mindfulness-Based Intervention (FFMBI) on the Mental Well-Being of Hungarian Practitioners: A Case Study of Hungarian Students at Dharma Gate Buddhist College, Budapest”, Mánfai Élményközpont és Alkotóház, Hungary.
25–31 April 2023	Meditation Master, “Morning Meditation Programme”, Season 5, IBSC, MCU.
25–31 March 2023	Meditation Master, “Morning Meditation Programme”, Season 4, IBSC, MCU.
25 Nov – 10 Dec 2022	Meditation Master, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.
25 Nov – 10 Dec 2021	Meditation Master, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.
Sep – Nov 2021	Meditation Master, “Insight Meditation Practice Programme”, IBSC, MCU (16–30 September, 16–30 October, 16–30 November 2021).
1 Sep – 29 Nov 2021	Meditation Master, “Morning Meditation Programme”, Daily Mindfulness Practice, Certificate of Completion, IBSC, MCU, Thailand.

ACADEMIC AND PROFESSIONAL SERVICE

Editorial, Institutional and Collaborative Roles

22–25 July 2025	Participant, Workshop on the Thai–Tīpiṭaka English Translation Project, towards the first publication of the Tīpiṭaka translation on the occasion of the 20th United Nations Day of Vesak Celebration, Royal Princess Hotel and Wat Phra Maha Brahmaphandit, Bangkok, Thailand.
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2024	Reviewer, Journal of the International Buddhist Studies College (IBSC), Vol. 10, No. 1, IBSC, MCU.
August 2023	Participant, “IBSC: Baldrige Excellence Framework — Proven Leadership and Management Practices for High Performance”, IBSC, MCU.
3–5 March 2023	Participant, “IBSC EdPEX: New Curriculum Camp 2023”, IBSC, Mahachulalongkornrajavidyalaya University, Ayutthaya.
10 November 2022	Representative, 1st Academic Collaboration Meeting (MOU), Norwegian Centre for Human Rights, Faculty of Law, University of Oslo, Kingdom of Norway, and IBSC, MCU, Ayutthaya, Thailand.
1 June 2022	Organiser, IBSC Alumni Meeting, International Buddhist Studies College, MCU, Thailand.
15 May 2022	Representative, MOU signing between IBSC and the College of Buddhism, Dongguk University, UN ESCAP, Bangkok, Thailand.
12 May 2022	Participant, “The 2nd World Mindfulness Forum”, IBSC, Mahachulalongkornrajavidyalaya University, Thailand.
10 March 2022	Representative, MOU between Kyunhla Buddhist University and the International Buddhist Studies College, IBSC, MCU, Thailand.
29 January 2022	Facilitator, “Multiculturalism and Inter-Religious Dialogue”, B.A. final-year students, IBSC, MCU, Thailand.
<i>Conference Delegate</i>	
2025	Delegate, United Nations Day of Vesak 2025, Ho Chi Minh City, Vietnam.
2022	Delegate, “The 2nd World Mindfulness Forum”, Vesak Day, United Nations Conference Centre, Bangkok, Thailand.
2022	Delegate, United Nations Day of Vesak 2022, Mahachulalongkornrajavidyalaya University, Thailand.
2019	Delegate, United Nations Day of Vesak 2019, Vietnam Buddhist University Publication, Vietnam.
<i>Programme Moderator</i>	
7 September 2021	Moderator, “Satipaṭṭhāna Bhāvanā”, Mindfulness Station, IBSC, MCU.
10 August 2021	Moderator, “Mindfulness for Body and Brain”, Mindfulness Station, IBSC, MCU.
13 June 2021	Moderator, “The Power of Loving-Kindness: How to Cultivate It”, Mindfulness Station, IBSC, MCU.
ongoing	Moderator, “Morning Meditation Programme”, International Buddhist Studies College, MCU, Thailand.
<i>Translation</i>	
15–30 December 2024	Translator, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.
15–30 December 2023	Translator, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.
25 Nov – 10 Dec 2022	Translator, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.
25 Nov – 10 Dec 2021	Translator, Annual Meditation Retreat, Religious Development Center, Campson, Phetchabun, Thailand.

LANGUAGES

- Burmese — native
- English — language of instruction, research and publication
- Pāli — canonical and commentarial reading; taught at Basic and Advanced levels