

Doctor of Philosophy Programme in Innovative Mindfulness and Peace Studies

International Buddhist Studies College, IBSC

“Peace is Every Breath:
Mindfulness Creating Peace”



International
Buddhist
Studies
College
IBSC

“Create awareness, Develop
innovation consciousness, Strengthen
a peaceful society”

About Us

PROGRAM OVERVIEW

The Doctor of Philosophy in Innovative Mindfulness and Peace Studies degree is awarded for mastering a field of scholarship, for learning the methods of investigation appropriate to that field, and for completing original research. The program is designed to develop personnel who understands the essential terms of peace, and is able to conduct research integrating Buddhism with peacebuilding sciences. During the course, skills such as leadership, communication, mediation, creativity, teamwork, conflict solution, and reconciliation building in society are developed through educational activities.

Although the courses and the research leading to the Ph.D. are necessarily specialized, the attainment of this degree should not be an isolated event in the enterprise of learning. The aspirant for the Ph.D. is expected to be a well-educated person with a broad sense of general knowledge, not only as preparation for more advanced work but also truly skillful in the teaching of Buddhism, deeply aware of Citta Bhavanā (Mind Development), having moral and respectful behaviors, well understanding the current situations of the world and society and well-versed in using modern technology to build a peaceful society.

Readiness to publish curriculum quality and standard.

The curriculum is prepared for publication, meeting the quality and standards outlined in the National Higher Education Qualifications Framework 2009, for the academic year 2024.

Career path after graduation

1. Teacher who teaches courses on mindfulness and peace studies and relationships. in both public and private higher education institutions
2. Leader in developing mindfulness for communities, society, and organizations
- 3 Peace leaders in communities, societies, and organizations
- 4 Propagators of Buddhism Social volunteerism and monastic affairs
- 5 Conflict Management Consultant Government organizations State Enterprises and Civil Society
- 6 Human Resource Management Developer corporate communications
- 7 Negotiator, mediator, compromise
- 8 Independent academics and lecturers
- 9 Expert in mindfulness development/Vipassana teacher

Relevance to the mission of the institution

With the university's policy centering on becoming a hub for the study of Buddhism integrated with modern science, the aim is to cultivate the mind and society while striving for academic excellence, especially in applied sciences rooted in Buddhism. According to this concept, it is imperative to establish a curriculum for personnel development, fostering individuals capable of being at the core of peaceful efforts and conducting integrated research that combines Buddhist knowledge with essential

peacebuilding skills and qualifications. These include leadership skills, negotiation, communication, mediation and group working, as well as conflict resolution conflicts and creating harmony in society, have a vision for surveillance, risk, design and creativity. Responsibility for both oneself and society in creating peace together. Including the ethics of a model leader in peace. For the reasons mentioned above, peace studies project Graduate school, Mahachulalongkornrajavidyalaya University in collaboration with the office of the Judiciary and King Prajadhipok's Institute, therefore sees the great importance of teaching in the Master of Buddhist Studies program, Peace studies.



VISION

International Buddhist Studies College of Mahachulalongkornrajavidyalaya University produces intelligent graduates within a collaborative network of Buddhist educational Institutes around the world, with the aim of awakening society and integrating Buddhist studies with modern sciences to develop Buddhist research, innovation and academic services based on projects to foster and maintain the arts and culture of a multicultural society.

MISSION

Doctor of Philosophy in Innovative Mindfulness and Peace Studies program aims to integrate both inner and outer peace with an initiative to develop capable and skilled students to be able to learn, develop, and practically apply Peace Studies knowledge based on the ideology of mindfulness, wisdom and toleration. The goal is to equip graduates with profound

knowledge of theory and practices in Peace Studies, which generate tools for resolving and preventing conflict at individual and social levels.

CURRICULUM

The Doctoral aspirant specifies a program area in which classes and research work are to be done, and in which he or she expects to become a scholar. At least 18 credit hours of coursework should be taken at the International Buddhist Studies College (IBSC), Mahachulalongkornrajavidyalaya University, exclusive of dissertation credits and research skills. The study period should not be less than 6 regular semesters and not more than 10 regular semesters. The doctoral study aspirant, with the assistance of an advisor, constructs a doctoral program plan of coursework and research opportunities.

Ph.D. Innovative Mindfulness Studies

Plan 1.1

1. Required Subjects (Non-Credit subjects) (15) Credits

811 101 Concepts and Theories of Innovative Mindfulness and Peace Studies

811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development

811 103 Insight Meditation

Major Subjects (Non-Credit subjects) (6 Credits)

811 204 Practice of Innovative Mindfulness and Strengthening Peace Society

811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development

2. Dissertation (48 Credits)

811 100 Dissertation

Plan 1.2

1. Required Subjects (Non-Credit subjects) (15) Credits

811 101 Concepts and Theories of Innovative Mindfulness and Peace Studies

811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development

811 103 Insight Meditation

Major Subjects (Non-Credit subjects) (6 Credits)

811 204 Practice of Innovative Mindfulness and Strengthening Peace Society

811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development

2. Dissertation (72 Credits)

811 200 Dissertation

Plan 2.1

1. Required Subjects (6 Credits)

811 101 Concepts and Theories of Innovative Mindfulness

811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development

2. Required Subjects (Non-Credit subjects) (12 Credits)

811 103 Insight Meditation

811 308 Buddhist Philosophy of Science

811 309 Seminar on Buddhist University and Thai Society

3. Major Subjects (12 Credits)

811 204 Practice of Innovative Mindfulness and Strengthening Peace Society

811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development

811 106 Mindfulness, Brain, and Psychology for Peace

811 207 Awakened Leadership for Strengthening Peace Society

4. Elective Subjects (6 Credits)

811 310 Mindfulness Therapy

811 311 Mindfulness Coaching for Peace

811 312 Human Rights and Justice Process for Peace

811 313 Seminar on Social Just Peace

811 314 Mindfulness and Well-being for Sustainable World Peace

811 315 Mindfulness and Peace for Sustainable Development Goals

811 316 Advanced Mediation and Negotiation Skills

811 317 Process of Innovative Mindfulness Development and Strengthening Peace Society

5. Dissertation (36 Credits)

811 300 Dissertation

COMPREHENSIVE EXAMINATION

The comprehensive examination consists of both written and oral parts and covers the major area pursued by the student. The student passes the comprehensive examination if a majority of the official examining committee (including the chair) approves the student's performance.

DISSERTATION

The candidate must present a dissertation showing the planning, conduct, and results of original research and scholarly creativity. The purpose of the dissertation is to encourage and ensure the development of broad intellectual capabilities as well as to demonstrate an intensive focus on a problem or research area.

* International applicants should check the IBSC website for additional admission requirements.

Please note: Meeting minimum admission standards does not guarantee admission to the program.

Application Fee

| Category | PhD | Total |
|-----------------|----------|-----------|
| Application Fee | 1000 THB | 1,000 THB |

☛ Tuition Fee for Ph.D. in Peace Studies Plan 1.1:

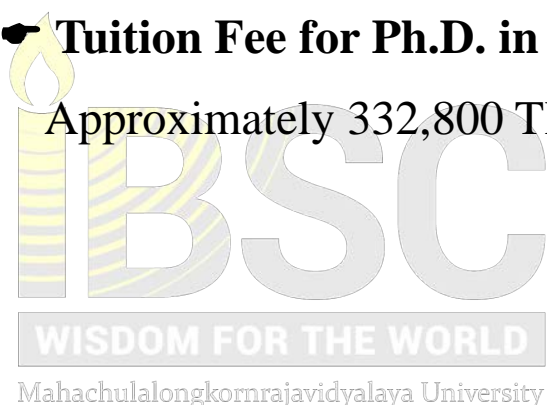
Approximately 296,800 THB for the whole program

☛ Tuition Fee for Ph.D. in Peace Studies Plan 1.2:

Approximately 386,800 THB for the whole program

☛ Tuition Fee for Ph.D. in Peace Studies Plan 2.1:

Approximately 332,800 THB for the whole program



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Required Documents

Refer to the website for further details.

Website: <https://www.ibsc.mcu.ac.th/phd-midfulness-peace>

Program Coordinator

Phramaha Jukkit Kittiyamedhi (**Kaewkerd**)

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The application for admission to the International Buddhist Studies College of Mahachulalongkornrajavidyalaya University for doctoral study has the following requirements:

1. Master's degree or equivalent with at least a 3.5 grade point average on a 4.0 scale.
2. A complete graduate application: apply online at the IBSC website or at the IBSC Office.
3. An official transcript (not student's copy) of all previous undergraduate and graduate credits sent from the institution directly to the Office of IBSC Student Service (printed transcripts or official electronic versions are both acceptable).
4. English requirement please check from the list on the IBSC website
5. A statement of career goals describing an area of interest in curriculum and instruction and how this degree will help meet professional aspirations.
6. Letters of recommendation from two people who can comment on the applicant's ability to complete a doctoral program of study; the master's advisor is appropriate to include.
7. A writing sample: dissertation proposal, an article, paper, or other composition originally written by the applicant. An appropriate length is ten to sixteen pages.
8. CV or a vitae or resume.

Contact

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Mahachulalongkornrajavidyalaya University IBSC

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79 Moo1, Lamsai, Wang-noi Phra Nakorn Si Ayutthaya

13170, Thailand



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Learning Plan

Curriculum Learning Plan 1.1

Semester 1

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|---|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 1 | Compulsory 811 101 Concepts and Theories of Innovative Mindfulness and Peace Studies | (3) | (3) | (0) | (6) |
| | 811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development | (3) | (3) | (0) | (6) |
| | 811 103 Insight Meditation | (3) | (2) | (2) | (5) |
| | Total credit counting | (9) | (8) | (2) | (17) |
| | Total non-credit counting | - | - | - | - |

Semester 2

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|--|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 2 | Major Subjects 811 204 Practice of Innovative Mindfulness and Strengthening Peace Society | (3) | (3) | (2) | (5) |
| | 811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development | (3) | (3) | (2) | (4) |
| | Dissertation 811 100 Dissertation | 6 | | | |
| | Total credit counting | 6 | - | - | - |
| | Total non-credit counting | (6) | (5) | (4) | (9) |

Semester 3

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 3 | Dissertation 811 100 Dissertation | 9 | | | |
| | Total credit counting | 9 | - | - | - |
| | Total non-credit counting | | - | - | - |

Semester 4

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 4 | Dissertation 811 100 Dissertation | 12 | | | |
| | Total credit counting | 12 | - | - | - |
| | Total non-credit counting | | - | - | - |

Semester 5

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 5 | Dissertation 811 100 Dissertation | 12 | | | |
| | Total credit counting | 12 | - | - | - |
| | Total non-credit counting | | - | - | - |

Semester 6

| Semester | Subject Code/Name | Academic Plan 1.1 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 6 | Dissertation 811 100 Dissertation | 9 | | | |
| | Total credit counting | 9 | - | - | - |
| | Total non-credit counting | | - | - | - |

Note: Subject () non-credit counting

Learning Plan

Curriculum Learning Plan 1.2

Semester 1

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|---|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 1 | Compulsory 811 101 Concepts and Theories of Innovative Mindfulness and Peace Studies | (3) | (3) | (0) | (6) |
| | 811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development | (3) | (3) | (0) | (6) |
| | 811 103 Insight Meditation | (3) | (2) | (2) | (5) |
| | Dissertation 811 100 Dissertation | 6 | | | |
| | Total credit counting | 6 | - | - | - |
| | Total non-credit counting | (9) | (8) | (2) | (17) |

Semester 2

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|--|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 2 | Major Subjects 811 204 Practice of Innovative Mindfulness and Strengthening Peace Society | (3) | (2) | (5) | (2) |
| | 811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development | (3) | (3) | (2) | (5) |
| | Dissertation 811 100 Dissertation | 6 | | | |
| | Total credit counting | 6 | - | - | - |
| | Total non-credit counting | (6) | (5) | (7) | (7) |

Semester 3

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 3 | Dissertation 811 200 Dissertation | 15 | | | |
| | Total credit counting | 15 | - | - | - |
| | Total non-credit counting | | - | - | - |

Semester 4

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 4 | Dissertation 811 200 Dissertation | 15 | | | |
| | Total credit counting | 15 | - | - | - |
| | Total non-credit counting | | - | - | - |



Semester 5

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 5 | Dissertation 811 200 Dissertation | 15 | | | |
| | Total credit counting | 15 | - | - | - |
| | Total non-credit counting | | - | - | - |

Semester 6

| Semester | Subject Code/Name | Academic Plan 1.2 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 6 | Dissertation 811 200 Dissertation | 15 | | | |
| | Total credit counting | 15 | - | - | - |
| | Total non-credit counting | - | - | - | - |

Note: Subject () non-credit counting

Learning Plan

Curriculum Learning Plan 2.1

Semester 1

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|--|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 1 | Compulsory 811 101 Concepts and Theories of Innovative Mindfulness and Peace Studies | 3 | 3 | 0 | 6 |
| | 811 102 Buddhist Peaceful Means for Innovative Mindfulness and Peace Studies Development | 3 | 3 | 0 | 6 |
| | 811 103 Insight Meditation | (3) | (2) | (2) | (5) |
| | 811 103 Mindfulness, Brain, and Psychology for Peace | 3 | 2 | 2 | 5 |
| | Total credit counting | 9 | 8 | 2 | 17 |
| | Total non-credit counting | (3) | (2) | (2) | (5) |

Semester 2

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|---|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 2 | Compulsory 811 308 Buddhist Philosophy of Science | (3) | (3) | 0 | 6 |
| | Major Subjects 811 204 Practice of Innovative Mindfulness and Strengthening Peace Society | 3 | 2 | 2 | 5 |
| | 811 205 Advanced Research for Innovative Mindfulness and Peace Studies Development | 3 | 3 | 2 | 4 |
| | 811 207 Awakened Leadership for Strengthening Peace Society | 3 | 2 | 2 | 5 |
| | Total credit counting | 9 | 7 | 6 | 14 |
| | Total non-credit counting | (3) | (3) | - | (9) |

Semester 3

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|--|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 3 | Compulsory 811 309 Seminar on Buddhist University and Thai Society | (3) | (3) | (0) | (6) |
| | Elective Subject Xxx xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx | 3 | - | - | - |
| | Elective Subject Xxx xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx | 3 | - | - | - |
| | Dissertation 811 300 Dissertation | 6 | - | - | - |
| | Total credit counting | 12 | | | |
| | Total non-credit counting | (3) | (3) | (0) | (6) |

Semester 4

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|---|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 4 | Dissertation 811 300 Dissertation | 12 | | | |
| | Total credit counting | 12 | | | |
| | Total non-credit counting | - | | | |

Semester 5

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|---|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 5 | Dissertation 811 300 Dissertation | 12 | | | |
| | Total credit counting | 12 | | | |
| | Total non-credit counting | - | | | |

Semester 6

| Semester | Subject Code/Name | Academic Plan 2.1 | | | |
|----------|--------------------------------------|-------------------|---------|-----------|---------------|
| | | Credits | Lecture | Practical | Self Learning |
| 6 | Dissertation 811 300 Dissertation | 6 | | | |
| | Total credit counting | 6 | | | |
| | Total non-credit counting | - | | | |

Note: Subject () non-credit counting



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